

# ZIO FRAEDO'S

FINE CONTINENTAL CUISINE

## Appetizers

Jumbo Prawn Cocktail	\$9.95
Crab Cakes	\$11.95
Steamed Clams	\$14.95
Bruschetta (7 pieces)	\$6.95
Bay Shrimp Bruschetta (7 pieces)	\$8.95
Garlic Bread	\$3.50
Cheesy Garlic Bread	\$4.50
Coconut Prawns (5 pieces)	\$11.95
Garlic Prawns Saute (5 pieces)	\$10.95
Calamari Fritti	\$7.95
Toasted Ravioli	\$6.95
Deep Fried Zucchini	\$6.95
Blue Point Oysters (6 pieces)	\$12.95
Escargot (6 pieces)	\$8.95
Fried Oysters (6 pieces)	\$8.95
Potato Skins (6 pieces)	\$7.95
Chicken Wings (10 pieces) (mild or spicy)	\$8.95
Chicken Strips (4 pieces) (mild or spicy)	\$8.95
Big Three (calamari, bruschetta & zucchini)	\$15.95
Seafood Trio (Clam strips, calamari & 2 spicy baja fish strips)	\$17.95
French Fries	\$5.95
Sweet Potato Fries	\$7.95
Onion Rings	\$5.95

## Create Your Own Pasta Dish

Fettuccini, Penne, Angel Hair, Spaghetti or Bowtie	\$11.95
Ravioli (Meat or Cheese) or Tortellini	\$12.95

### Choice of Sauce:

Pesto, Marinara, Alfredo, Bolognese, Arrabiata (spicy)

### Additions (on the side):

Prawns (3)	\$4.50
Meatballs	\$3.00
Chicken	\$3.00
Italian Sausage	\$4.00

## Soups

Minestrone	Cup	\$4.25
	Bowl	\$5.50
Soup of the Day	Cup	\$4.25
	Bowl	\$5.50
Clam Chowder (Friday & Saturday)	Cup	\$4.75
	Bowl	\$6.50

## Zio's Lunch Classics

Prawns or Scallops Dore	\$14.95
<i>Pan Seared, lightly breaded served in a lemon sauce with capers</i>	
Conquest Sandwich	\$10.95
<i>Grilled Roast Beef, onions &amp; bell peppers served on grilled sourdough and thousand island dressing</i>	
Spaghetti Messina	\$14.95
<i>Spaghetti in a white wine sauce with a hint of lemon sautéed with prawns &amp; asparagus</i>	
Veal Oskar	\$15.95
<i>(Said to have been named by Sweden's King Oscar II, who was extremely partial to it's ingredients) Veal cutlet topped with crab, asparagus &amp; béarnaise sauce</i>	
Salmon Puttanesca	\$15.95
<i>("named after the Italian ladies of the night") Pasta in a special red sauce with garlic, capers &amp; anchovies topped with a pan seared salmon filet</i>	

## Pasta Specialties

Zio's Vermicelli Putanesca	\$13.95
<i>Artichokes, garlic, basil, chopped tomatoes and capers</i>	
Fettuccini Carbonara	\$13.95
<i>Garlic parmesan crème sauce with peas &amp; pancetta</i>	
Fettuccini with Chicken & Sundried Tomatoes	\$14.95
<i>Classic Fettuccini Alfredo with sliced grilled chicken &amp; sundried tomatoes</i>	
Farfalle Contadina	\$13.95
<i>Farfalle pasta with light tomato cream sauce, sage, chicken and mushrooms</i>	
Penne Mediterranean	\$12.95
<i>Penne pasta with artichokes, kalamata olives, pepperoncini, sundried tomatoes, and feta in olive oil</i>	
Fettuccini Florentine	\$12.95
<i>Sautéed green onions, spinach, mushrooms, and garlic in a cream sauce tossed in fettuccini noodles topped with diced tomatoes</i>	

## Lunch Salads

Shrimp Louie	\$12.95
<i>Mixed Greens topped with bay shrimp and thousand island dressing on the side</i>	
Iceberg Wedge	\$8.95
<i>Bleu cheese dressing</i>	
Hearts of Romaine	\$8.95
<i>Balsamic vinaigrette dressing</i>	
Crab Louie	\$14.95
<i>Mixed Greens topped with crab and served with thousand island dressing on the side</i>	
Cobb Salad	\$10.95
<i>Mixed Greens topped with diced chicken, bacon, egg, tomato and cucumber. Served with a Dijon vinaigrette</i>	
Spinach Salad	\$9.95
<i>Slightly warmed Baby Spinach tossed with a special dressing, mushrooms &amp; crumbled bacon</i>	
Cranberry Spinach Salad	\$9.95
Add Blackened Basa (swai)	\$3.50
Tuna Salad	\$9.95
<i>Mixed Greens topped with Tuna Salad</i>	
Waldorf Chicken Salad	\$10.95
<i>Mixed Greens topped with Grilled Chicken Salad, grapes, walnuts, celery and apple</i>	
Ensalada Caprese	\$8.95
<i>Sliced fresh mozzarella, tomato &amp; basil drizzled with extra virgin olive oil</i>	
Ensalada Siciliana	\$8.95
<i>Tomatoes, red onion and anchovies topped with vinaigrette dressing</i>	
Chinese Chicken	\$10.95
<i>Napa Cabbage &amp; mixed green tossed in a special ginger soy dressing with a little kick</i>	
Mediterranean	\$9.95
<i>Mixed Greens tossed with kalamata olives, mushrooms, crumbled feta and tossed in a balsamic vinaigrette</i>	
Southwest Chicken Salad	\$10.95
<i>Mixed greens topped with black beans, corn, and a grilled chicken breast. Served with a bbq ranch dressing</i>	
Crispy Chicken BLT Salad	\$10.95
<i>Mixed Greens tossed with ranch, tomatoes, &amp; bacon and topped with sliced crispy chicken</i>	
Caesar	\$13.95
<i>Prepared tableside for two</i>	
Add Grilled Chicken	\$3.00
Add Grilled Salmon	\$4.50
Zio Salad	\$8.95
<i>Mixed Greens tossed with a raspberry vinaigrette, seasonal fruit, caramelized walnuts and topped with crumbled bleu cheese</i>	
Mixed Green Salad	\$4.95

# ZIO FRAEDO'S

FINE CONTINENTAL CUISINE

*Your Host*

*Anthony F. Lo Forte, Sr.*

## ✧ Sandwiches ✧

*Served with choice of fries or potato salad or onion rings or add \$1 for sweet potato fries*

BLT	\$7.95
Egg Salad	\$7.95
California Club House	\$9.95
Tuna Salad	\$7.95
Tuna Melt Sandwich	\$8.95
Bay Shrimp Croissant	
Dill Sandwich	\$9.95
Crab Lorenzo	\$11.95
<i>Two English muffins topped with a crab bell pepper mix, melted pepper jack cheese and hollandaise sauce</i>	
Calamari Steak Sandwich	\$9.95
Turkey Breast Croissant Sandwich	\$7.95
Prosciutto Caprese Sandwich	\$9.95
Chicken Spinach Caprese Sandwich	\$9.95
<i>Grilled Chicken, fresh mozzarella, basil &amp; baby spinach drizzled with a balsamic reduction</i>	
Blackened Chicken Sandwich	\$8.95
Teriyaki Chicken Sandwich	\$8.95
Reuben	\$8.95
French Dip	\$9.95
Philly Cheese Steak	\$10.50
Meatball Sandwich	\$8.95
Eggplant Parmigiana Sandwich	\$10.95
NY Steak Sandwich	\$11.95

## ✧ Hot Beverages ✧

Coffee or Hot Tea	\$2.00
Espresso	\$3.00
Cappuccino	\$3.50
Latte	\$4.00

## Zio's Lunch Special

Please ask your server

## ✧ Signature ✧

### Angus Burgers

San Francisco Burger	\$10.95
<i>Parmesan Crusted Sliced Sourdough Bread, Grilled Onions, Choice of cheese</i>	
Avocado Bacon Burger	\$9.95
Mushroom & Swiss Burger	\$10.95
Patty Melt	\$10.95
<i>Grilled onion, rye Bread and swiss cheese</i>	
Pineapple Burger	\$10.95
<i>Grilled pineapple and teriyaki sauce</i>	
Cowboy Burger	\$11.95
<i>Bacon, Cheddar Cheese, Grilled Onions &amp; BBQ sauce</i>	
Black n' Bleu Burger	\$11.95
<i>Blackened Seasoned Burger with Crumbled Bleu Cheese</i>	

## ✧ Create Your Own ✧

### Angus Burger

½ pound Angus Burger	\$8.95
Choice of Cheese	\$1.00
Bacon	\$1.00
Grilled Onions	\$0.50
Avocado	\$0.75
Grilled Mushrooms	\$1.00

## ✧ Desserts ✧

Crème Brûlée	\$5.00
Tiramisu	\$5.00
Heavenly Chocolate Cake	\$5.00
Cheesecake	\$5.00
Carrot Cake	\$5.00
Ice Cream	\$3.00
<i>Vanilla or Spumoni</i>	

## ✧ Entrees ✧ ala Carte

Chicken Toscana	\$11.95
<i>Topped with Artichokes and Mushrooms in a Cream Sauce</i>	
Chicken Parmigiana	\$11.95
<i>Tomato Sauce, Topped with Mozzarella Cheese</i>	
Chicken Marsala	\$11.95
<i>Mushrooms and Shallots Sauteed in Marsala Wine</i>	
Chicken Piccata	\$11.95
<i>Lemon Butter and Capers, Topped with a White Wine Sauce</i>	
Grilled Chicken Teriyaki	\$11.95
<i>Served with a Pineapple Slice</i>	
Veal Scallopini Piccata	\$13.95
<i>Lemon Butter and Capers, Topped with a White Wine Sauce</i>	
Veal Scallopini Marsala	\$13.95
<i>Mushrooms and Shallots Sauteed in Marsala Wine</i>	
Veal Parmigiana	\$13.95
<i>Tomato Sauce, Topped with Mozzarella Cheese</i>	
Calamari Steak	\$13.50
<i>Served in a Garlic Butter Sauce</i>	
Scalone Steak	\$13.50
<i>Served in a Garlic Butter Sauce</i>	
Filet of Petrale Sole	\$12.95
<i>Lemon Butter and a White Wine Sauce</i>	
Filet of Salmon	\$12.95
<i>Served in a Garlic Butter Sauce</i>	
Filet of Basa (swai)	\$11.95
<i>Blackened</i>	
Fish & Chips	\$13.95
<i>Beer-Battered Icelandic Cod &amp; French Fries</i>	
Eggplant Parmigiana	\$11.95
Fish Tacos	\$13.95
<i>Served with Cole Slaw and French Fries</i>	
Bratwurst	\$12.95
<i>Served with Saurekraut and Potato Salad</i>	
Ground Sirloin Steak	\$10.95

## Make it a memorable affair...

*Private Rooms available for any occasion. Weddings, Anniversaries, Birthdays and Memorials. For 25-250 Guests  
Off-site catering also available. For more information, please ask your waiter.*

*Split Fee \$3.00 • Cake Cutting Fee \$2 • Corkage Fee \$15  
Applicable Sales Tax Added to All Food and Beverage Items  
A 20% gratuity will be added for groups of six or more.  
Reminder: Please silence your cell phone.*